



Accelerated Master's Program
(AMP)
Student Handbook



Updated August 2025

ACCELERATED MASTER’S PROGRAM IN ECOLOGY AND EVOLUTIONARY BIOLOGY

The Accelerated Master’s Program (AMP) with a major in Ecology and Evolutionary Biology is available to high-achieving undergraduate students who desire to simultaneously complete their undergraduate degree and work towards a Master of Science degree in this department. The Accelerated Master’s Program requires a research-based thesis. To be approved for admission to the program by the Graduate Admissions Committee, an applicant must be accepted by a core faculty member who is willing to serve as a Major Advisor. No one will be admitted into the Accelerated Master’s Program without a Major Advisor.

The AMP program is only available to current University of Arizona undergraduate students. To qualify for the AMP in Ecology and Evolutionary Biology, undergraduate students must be working towards a Bachelor of Science degree in Ecology and Evolutionary Biology.

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Admission Requirements – Set by the Graduate College

1. Completion of a minimum of 75 undergraduate credit hours will be required at the time of application; a minimum of 90 undergraduate credit hours will be required at the time of entry into the AMP.
2. A minimum GPA of 3.30. If the student's GPA falls below 3.30 at the time s/he has completed 90 units, the student will not be admitted into the program. Courses taken for audit may not be included in the total number of units counted for eligibility or admission.
3. Completion of at least 12 earned units of undergraduate course work in the major at the University of Arizona.
4. Units still graded Incomplete, units graded Pass/Fail or units taken as audit will not count towards the requirement of the 12 undergraduate units in the major.
5. Completion or near completion of general education requirements.
6. Submission of a graduate application and payment of a graduate application fee.
7. Demonstration of the maturity necessary for success in an accelerated, highly competitive program.
8. Expectation to complete the undergraduate degree within four years. The undergraduate degree requirements must be completed before the student is eligible to have the Master's degree awarded.

Admission Requirements – Set by the Department

1. Must have completed, or currently enrolled at the time of application, the following main EEB courses:
 - a. ECOL 302, Ecology, 4 units
 - b. ECOL 335, Evolutionary Ecology, 4 units
 - c. ECOL 320, Genetics, 4 units.Exceptions will be considered on a case-by-case basis.
2. Must have a Major Advisor identified. The Major Advisor must be a core faculty member of the Department of Ecology and Evolutionary Biology.

Application Process

Undergraduates are expected to apply for the AMP during their third (junior) year. Interested students should contact the Graduate Coordinator and request the Application Authorization Code. Students will need to apply through the Graduate College's GradApp system:

<https://apply.grad.arizona.edu/users/login>. Application deadline is December 1 of each year. Late applications may be considered on a case-by-case basis.

Required Items for the Application

1. Statement of Purpose – 1-3 pages discussing your goals and objectives for pursuing this graduate degree, qualifications and indicators of success in this endeavor, and include career objectives that obtaining this degree will provide.
2. Resume/Curriculum Vitae
3. Unofficial Transcripts (including U of A)

4. Two Letters of Recommendation – you will provide the names and contact information in the GradApp system. You will then initiate the request for the recommendation through the system.

Upon being selected for the program, students will be recommended for admission to the Graduate College by the department's Graduate Admissions Committee. The Graduate College will initially offer conditional admission, provided the student meets the minimum requirements set by the Graduate College. The undergraduate student is then eligible to enroll in 500 level courses (please refer to Degree and Tuition Policies section for more information). After the bachelor's degree has been awarded, the student will need to submit a new Master's application to the degree program related to the student's conditional AMP admission in GradApp. Students will not be charged an application fee for this simplified application. An automatic fee waiver will be granted when applying to a program related to your AMP admission. Provided the student continues to meet the minimum admission requirements, the Graduate College will formally offer admission.

Degree and Tuition Policies

Students will be considered undergraduates until they complete their undergraduate requirements, which should be no later than the end of the fourth year. Students entering with Advanced Placement Credit or who attend summer school would likely graduate with their bachelor's degree in the 3rd year. Students must take at least 12 of their graduate credits while in graduate status.

<https://catalog.arizona.edu/currently-approved-amps> In other words:

1. During years 1-3 (or approximately 0-90 credits) students will be taking undergraduate coursework and charged at the undergraduate rate.
2. Once admitted to AMP, during the senior (or transition year), they may take up to 12 units of graduate coursework which may apply toward both the bachelor's and the master's degrees. Students will be charged at the undergraduate rate and retain eligibility for undergraduate scholarships.
3. Students classified as seniors who have not yet completed a bachelor's degree may enroll in 500-level courses following the Graduate Credit for Senior Policy (<https://catalog.arizona.edu/policy/registration-tuition-fees/registration-enrollment/graduate-credit-seniors>). Courses numbered at 600, 700 and 900 levels are not open to undergraduates.
4. After completion of all baccalaureate requirements, students will be granted graduate status, be charged at the graduate rate, and be eligible for graduate assistantships. The student will not be eligible to graduate nor will they be eligible for assistantships until all baccalaureate requirements are completed. While an undergraduate, students are required to keep their graduate coursework cumulative GPA at 3.0 or higher to be admitted to the master's program.
5. Should a student have completed 12 graduate credits, but not yet completed the undergraduate degree, they will be considered graduate for financial aid and tuition purposes with a graduate career in UAccess. They will no longer be eligible for undergraduate scholarships, nor will they be eligible for graduate assistantships.
6. At least 12 graduate credits must be taken while in graduate status, after completing all requirements for the bachelor's degree.
7. Students should be encouraged to complete their undergraduate requirements as soon as possible, but not later than one semester before earning their master's degree. Students finishing their undergraduate requirements later than one semester before earning their

master's will no longer be eligible for undergraduate scholarships or for graduate assistantships. Neither degree will be awarded until all undergraduate degree requirements have been completed.

Requirements for the Accelerated M.S. Program

Upon entering the AMP, the student must form a Master's Committee consisting of a core Major Advisor, and two other faculty members (file **DEPARTMENTAL FORM I**). Two of the members of this committee must be core faculty members (tenure-track) of the Department of Ecology and Evolutionary Biology. The Master's Committee must be approved by the Department Head. During the first semester of attendance the student should meet with his or her Committee to work out a Provisional Program of Study and file **DEPARTMENTAL FORM C(a)** with the Graduate Coordinator. The **MASTER'S PLAN OF STUDY** (an online Graduate College form) must be filed with the Graduate College by the end of the third semester.

General requirements for the Master of Science degree with a major in Ecology and Evolutionary Biology follow the recommendations in the current Graduate Catalog. There is no foreign language requirement and no qualifying examination. It is necessary to have a minimum of 30 units of graduate work, where 24 must be non-thesis credits, and not less than 15 of the 30 units must be from courses in this department. At least 15 of the 30 units must be graded A, B, or C. To graduate with a thesis MS degree, students must complete at least 1 thesis unit (ECOL 910), but no more than 6 units can be included on the official Plan of Study. Additional units (including lower division courses) may be required to fill deficiencies or to provide necessary prerequisites for a specific program. However, lower division courses do not count towards the 30 required units for the degree. The Major Advisor may require special courses vital to the understanding of a research discipline.

It is the responsibility of the designated Major Advisor and the Graduate Policy Committee to inform the student in writing of any special course requirements prior to the beginning of the second semester thus allowing adequate time for completion of the special requirements.

Please see the handbook for the traditional MS program for additional information.

Annual Committee Meeting

Beginning in the second year, each student is required to have an annual meeting with the Master's Committee. Scheduling the meeting is the responsibility of the student. At this meeting, the Committee will review the student's progress and give advice on research directions. **DEPARTMENTAL FORM J(a)** should be completed at the meeting and given to the Graduate Coordinator.

Master's Thesis

The thesis M.S. degree requires completion of an original research project to be submitted in proper written form to the Graduate College and defended orally before a three-member committee. After scheduling the exam with the committee, the student must notify the Graduate Coordinator of the exam date. Upon passing the oral exam, the Major Advisor must notify the Graduate Coordinator, who will initiate the **MASTER'S COMPLETION CONFIRMATION**, a GradPath form. Rules governing the written format and oral defense of a thesis are set by the Graduate College. A student should consult the Graduate College's website <https://grad.arizona.edu/degree-services> for details.

Incomplete Course Policy

Students earning a grade of Incomplete “I” for a course should submit a completed Report of Incomplete Grade form to the Graduate Coordinator. The form can be downloaded from: <https://registrar.arizona.edu/grades/incomplete-i-grade>. Incomplete coursework should be completed in a timely manner. Instructors must submit a grade change request within one year from the course’s last day of classes. If the grade has not been changed within one year, then the incomplete grade “I” will default to a failing grade “E.” Students with an “E” on their record will be reviewed for Acceptable Progress (see section below).

Grade Replacement Opportunity (GRO)

Beginning in Fall 2025, graduate students will have the opportunity to replace an earned grade by repeating the course. Grades earned using the GRO will replace one previous grade for the course in the calculation of the grade-point-average (GPA), even if the grade from the repeated attempt is lower than the first attempt. Both the original grade and the grade from the repeated attempt will remain on the academic record. Credit earned for the GRO attempt only.

Graduate students may attempt GRO for one course with an original earned grade of C, D, or E, with program approval (via GradPath).

Link to Policy: <https://catalog.arizona.edu/policy/courses-credit/grading/course-repeat>
Also: <https://registrar.arizona.edu/records-enrollment/enrollment/repeating-course-grading-repeated-courses>

Definition of Acceptable Progress

In order to make acceptable progress toward the Master’s degree, the student should:

1. Meet with the Major Advisor and form a Master’s Committee by the end of the first semester (**DEPARTMENTAL FORM I**); develop initial plans of study including both coursework and plans for thesis research (**DEPARTMENTAL FORM C(a)**).
2. Complete formal coursework, as agreed upon with the Master’s Committee, by the end of the fourth semester.
3. Make sustained progress toward completing the thesis within the department’s target of **three** years (no more than one year in the undergraduate, transitional year and two years as a graduate student).
4. Conduct themselves professionally as defined by both the University and by the reasonable standards of canons of scholarship.
5. Maintain a GPA of 3.0 or higher in graduate level courses; maintain a GPA of 3.3 or higher in undergraduate courses.

Any student who has not completed the thesis by the end of the second year as a graduate student must meet with his/her committee no later than the beginning of the 3rd year as a graduate student. As a result of this meeting, the student’s major advisor should file a statement of support of the student’s continuation in the graduate program with the Graduate Coordinator. At the same time, the student should file an explicit plan for completing the degree, including a timetable.

Financial Support

Students in the Master's program are not guaranteed financial support by the department. Teaching assistantships are offered to MS students when available. Research assistantships are offered at the discretion of the faculty member.

To receive and maintain a teaching assistantship or research assistantship, students must have been awarded their bachelor's degree and listed as a graduate student, enrolled for at least 6 units and maintain a cumulative GPA of 3.0 or higher.

Students are encouraged to seek out funding from a variety of sources. The Graduate College has online resources: <https://grad.arizona.edu/funding>. Students are also strongly encouraged to apply for fellowship awards from local and national agencies.

Changing from Master's Track to PhD Track

The M.S. program is not ordinarily a way station to the Ph.D. program in this department, and students who seek a Ph.D. are urged to apply to that program. In order to change from the Master's track to a PhD track, a student must apply through GradApp and pay the application fee. The application will be reviewed by the current Graduate Admissions Committee.

Appeal Procedures for Master's Students

Throughout the master's program, a student may appeal any decision that affects his/her graduate career. The sequence is Major Advisor, Master's Committee, Graduate Policy Committee, Associate Department Head, Department Head, and Graduate College. A student should first appeal to the level above which a decision was made. The student is entitled to a hearing to air grievances. Please refer to the Graduate College Grievance Policy. <https://grad.arizona.edu/policies/academic-policies/grievance-policy>

Students may also consult an Ombudsperson for help with problems. <https://ombuds.arizona.edu>

Responsibilities and Expectations

Students are responsible for knowing and understanding all policies, both the department's and the Graduate College's. Policies may change throughout the course of a student's tenure at The University of Arizona. The department will notify students of departmental changes. Although the department will notify students of Graduate College policy changes, students should review the Graduate College policies on a regular basis for any changes.

Exit Interview

Upon completion of the oral defense exam, students should schedule a meeting with the Department Head, Associate Department Head, and/or Director of Graduate Studies. The purpose of this meeting is congratulatory as well as information-seeking. The department is committed to the quality of its graduate program, and the advice and experiences of successful students are valued.

Checkout Procedures

Before students depart the University permanently, they should take care of the following important matters. (1) Keys: keys should be returned to the Key Desk. (2) Forwarding address: students should notify the EEB receptionist of their new addresses so that mail may be forwarded. Also, please notify all magazine and journal subscriptions of your move as soon as possible. (3) Next position: students should notify the Graduate Coordinator of their next position. (4) Lab checkout: Contact the lab manager and find out the lab's checkout requirements.

Checklist of Departmental Requirements – Accelerated MS Program

First Semester – As an undergraduate student

- Choose Master's Committee – file **DEPARTMENTAL FORM I**
- Complete and file Provisional Plan of Study – file **DEPARTMENTAL FORM C(a)**

Second Semester – As an undergraduate student

- Complete requirements for Bachelor's degree

* Upon completion of the BS degree, the student will need to submit a new Master's application. Please see more information under Application Process in AMP Handbook. Formal admission to the Graduate College will be offered, provided the student continues to meet the minimum admission requirements.

Third Semester – As a graduate student

- Complete **RESPONSIBLE CONDUCT OF RESEARCH FORM** - online Graduate College form
- Submit **MASTER'S PLAN OF STUDY FORM** – online Graduate College form
- Submit **MASTER'S COMMITTEE APPOINTMENT FORM** – online Graduate College Form

Fourth Semester – As a graduate student

- Complete and defend thesis
- Submit thesis for archiving

Annually

- Meet with Master's Committee to review research progress and get advice on research direction – file **DEPARTMENTAL FORM J(a)**

For Degree

- Complete 30 units – 15 must be graded credits, at least 24 must be non-thesis credits
- Complete at least 1 thesis unit (ECOL 910)
- Highly recommended to complete the EEB Grad Core courses – ECOL 600A *Fundamentals in Evolution* and ECOL 600B *Fundamentals in Ecology*

The student is responsible for submitting all forms to the Graduate Coordinator in BSW 324 and all Graduate College forms online.

EEB DEPARTMENTAL FORMS

**You may download the fillable PDF version of these forms
on the EEB Graduate Program website**

**All departmental forms should be submitted to the EEB
Graduate Coordinator.**

Departmental Form C(a)
Ecology and Evolutionary Biology

Recommendations of Master's Committee/Provisional Study Program

Name: _____

Master's Advisor: _____

Committee Members: _____

Recommendation:

PROVISIONAL STUDY PROGRAM

<u>COURSE NO.</u>	<u>TITLE</u>	<u>UNITS</u>
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

Master's Advisor Signature

Date

Departmental Form G(a)
Ecology and Evolutionary Biology

Change in Membership of Master's Committee

Name: _____

Major Advisor: _____

Present Major Committee: _____

Requested Substitution: _____

Reason for substitution:

Comment from faculty member being replaced:

APPROVED:

Major Advisor _____ Date _____

Department Head _____ Date _____

Departmental Form H(a)
Ecology and Evolutionary Biology

Change of Major Advisor

Name: _____

Current Major Advisor: _____

Proposed Major Advisor: _____

Reason for substitution:

Will former major advisor remain as committee member? _____

Comment from faculty member being replaced:

APPROVED:

Department Head: _____ Date _____

Departmental Form I
Ecology and Evolutionary Biology

Master's Committee Form

Name: _____

Major sought: _____

Master's Committee (minimum of 3 members) _____

Major Advisor: _____

Committee Member: _____

Committee Member: _____

Approved:

Chair, Graduate Policy Committee

Date

Department Head

Date

Changes in the composition of the above committee requires approval of the Department Head at any subsequent time prior to the completion of the degree. Students must request substitutions with forms available from the Departmental Graduate Office.

Departmental Form J(a)
Ecology and Evolutionary Biology

Annual Thesis Progress/Meeting Report

Date of meeting: _____

Student name: _____

Signature: _____ Date: _____

The advisor and thesis committee are satisfied that the student is making progress towards the completion of the dissertation and recommend that the student continue to receive departmental support.

Comments from the committee including any recommended schedule of expectations:

Advisor name: _____

Signature: _____ Date: _____

GENERAL INFORMATION

General catalog: <https://catalog.arizona.edu/>

Academic integrity: <https://deanofstudents.arizona.edu/student-rights-responsibilities/academic-integrity>

Responsible Conduct of Research: <https://research.arizona.edu/compliance>

Resources for parents, for professional development, for health and wellness:
<https://grad.arizona.edu/new-and-current-students>

Research activities involving the use of human subjects require the review and approval of the University Human Subjects Committee: <https://research.arizona.edu/compliance-public/human-subjects-protection-program>

Any research involving vertebrate animals must be approved by the Institutional Animal Care and Use Committee (IACUC): <https://research.arizona.edu/compliance-public/animal-welfare-program>. The student must be listed on an approved IACUC protocol before they begin their animal research.

Campus Pantry: Goal of the UA Campus Pantry is to reduce food insecurity in our Wildcat Community.
<https://campuspantry.arizona.edu/>

Graduate & Professional Student Council: <https://gpsc.arizona.edu/>

The Graduate Center – a resource for graduate students and postdoctoral scholars.
<https://gradcenter.arizona.edu/>

Physical Resources and Facilities

Main EEB Business Office – Biosciences West Room 310

Department Head's Office – Biosciences West Room 306

Graduate Program Coordinator's Office – Biosciences West Room 324

EEB's Mailroom* (student mail boxes, copier, printer) – Biosciences West Room 305

EEB's Breakroom* (refrigerator, microwave, sink) – Biosciences West Room 303

Natural History Collections – Please contact Dr. Peter Reinthal, pnr@email.arizona.edu

Herbarium Collections – Please contact the collections at herbarium@cals.arizona.edu

* Please obtain door code from Graduate Program Coordinator.

GRADUATE COLLEGE INFORMATION

The Graduate College Online

All Graduate Students are responsible for knowing the graduate requirements of both the Graduate College and their academic department. Please refer to the Graduate College website (<https://grad.arizona.edu/>) for a complete list of policies and requirements.

Graduate College home page - <https://grad.arizona.edu/>.

Graduate academic policies - <https://grad.arizona.edu/policies>

Graduate Degree Requirements: <https://grad.arizona.edu/degree-services/degree-requirements>
Master's Degrees: <https://grad.arizona.edu/degree-services/degree-requirements/masters-degrees>

Graduate College forms - <https://grad.arizona.edu/forms>

Graduate financial support information - <https://grad.arizona.edu/funding>

Graduate Theses and Dissertation - <https://grad.arizona.edu/degree-services/dissertations-theses>

Deadlines for Completion of Degree Requirements - <https://grad.arizona.edu/degree-services/degree-requirements/important-degree-dates-and-deadlines>

Final Oral Defense Instructions (for examining committee): <https://arizona.app.box.com/v/grad-gsas-finaldefnsinstr>

General Resources

Academic Resources

- **Associate Graduate Council for the College of Science (AGCCS)**
The AGCCS is a branch of student governance that represents Arizona graduate students who study in the College of Science. Graduate students in the sciences fill many essential roles in the university's research and teaching missions. The AGCCS exists to address their academic, professional, and intellectual concerns in the college and the university. Visit <https://science.arizona.edu/agccs-associate-graduate-council-college-science>.
- **Borrow Technology**
Students in need of technology or equipment can check out items through the library. Visit: <https://new.library.arizona.edu/visit/tech> or <https://lib.arizona.edu/borrow/tech>.
- **Dean of Students**
In addition to your advisors, instructors, and other staff and faculty, the Dean of Students is a resource for you. 520-621-7057 or DOS-deanofstudents@arizona.edu
<https://deanofstudents.arizona.edu/>
- **Disability Resource Center (DRC)**
Goal is to ensure disabled students, employees and visitors have a similar, if not identical, experience to that of their non-disabled counterparts. <https://drc.arizona.edu>
- **Graduate Center**
Serves as a hub for resources important to graduate students and postdoctoral fellows. Visit: <https://gradcenter.arizona.edu/>
- **Graduate Center - Wellness**
Graduate Student Wellness: <https://gradcenter.arizona.edu/student-success/wellness-programming>.
- **Graduate & Professional Student Council (GPSC)**
The Graduate and Professional Student Council (GPSC) was created to promote the causes and concerns of the graduate student body, to create and foster programs beneficial for growth and interaction, to disburse funds for the benefit of professional development, and to serve as the representative body and voice at the University of Arizona, the University of Arizona Administration, and the Arizona Board of Regents on behalf of graduate and professional students. This goal is achieved through the election of representatives, officers and hired personnel. Visit <https://gpsc.arizona.edu/>.
- **Institutional Equity**
The Office of Institutional Equity (OIE) is committed to supporting a campus culture where all members of our community have equitable access to academic and professional opportunities and are supported in their individual and collective pursuits and efforts. <https://equity.arizona.edu/>.
Discrimination and Harassment - The University prohibits discrimination and harassment on the basis of race, color, national origin, sex, religion, age, disability, veteran status, sexual orientation, gender identity and genetic information.
Title IX - Title IX of the Educational Amendments of 1972 protects individuals from discrimination based on sex in any educational program or activity operated by recipients of federal financial assistance. As required by Title IX, the University of Arizona does not discriminate on the basis of sex in its educational programs or activities, including in admission and employment. In alignment with Title IX of the Education Amendments of 1972, the University of Arizona prohibits all forms of sex discrimination, including sexual harassment, sexual violence, such as sexual assault, interpersonal violence and stalking.

- **International Student Services**
International graduate students in need of guidance, particularly in regard to travel and immigration, should visit <https://international.arizona.edu/iss>.
- **University Center for Assessment, Teaching & Technology**
Supporting inclusive and evidence-based teaching practices, course design, and instructional technologies to create engaging learning environments. Visit <https://ucatt.arizona.edu/>.
- **Office of Fellowships**
Offers workshops and information sessions. Upcoming events include the National Science Foundation Graduate Research Fellowship Program Information Sessions. For information and to sign up, visit <https://gradcenter.arizona.edu/funding/office-fellowships>.
- **The Office of Research & Partnerships**
Graduate research opportunities: <https://research.arizona.edu/students/funding>
- **Office of Student Computing Resource (OSCR)**
The Office of Student Computing Resource is now providing software assistance online. OSCR consultants can assist and guide you on how to use software to finish your projects. Do you have questions about using Adobe Creative Cloud, SolidWorks, other multimedia software, or Office 365 applications? Meet with OSCR's Multimedia Zone lab consultants via Zoom. Support is offered to you using the Zoom video conferencing software, which is free to all University of Arizona students, staff, and faculty. For more information, visit <https://it.arizona.edu/oscr/home>.
- **Office of Student Success and Retention**
A comprehensive list of campus resources available to all students may be found at <https://studentsuccess.arizona.edu/sites/default/files/WHAT%20STUDENT%20RESOURCES%20ARE%20AVAILABLE%20ONLINE%200.pdf>
Main page: <https://studentsuccess.arizona.edu/>.
- **Student IT Center**
The Student IT Center features online learning and teaching technologies, including tools for collaboration and testing. Visit <https://it.arizona.edu/student-resources> to see their offerings.
- **Summer Fellowship Application Development Program**
The Summer Fellowship Application Development Program offers deadlines and writing support to assist U of A students in completing fellowship applications over the summer. More information may be found at <https://gradcenter.arizona.edu/funding/office-fellowships/application-development-programs/summer-fellowship-application>.
- **University of Arizona Libraries**
For library information, resources, and help, visit <https://lib.arizona.edu/>
- **University Information Technology Services (UITS)**
UITS is available online to help with technology needs and support. Visit <https://it.arizona.edu/> for their full range of services.
- **Writing & Communication**
The Grad Center helps improve your communication skills in their Graduate Writing Lab, annual interpersonal communication seminar, Grad Slam competition, and workshops for public speaker. For more information, visit <https://gradcenter.arizona.edu/writing-communication>.

Professional Development & Career Resources

- **Career Services**
Graduate Center's Career Counselor here to support all graduate students in their career

endeavors, with a focus on the transition to industry, government, business, and non-profit employment sectors. Support includes identifying opportunities, conducting searches, networking, drafting application materials, and interviewing. You can schedule a 1:1 career advising appointment using Handshake. See their website for more info: <https://gradcenter.arizona.edu/career-services>.

Professional development

<https://gradcenter.arizona.edu/professional-development#collaboration>

- **The Ultimate List of Companies Still Hiring** - extensive list of employers and their current hiring status; list is continuously updated: <https://www.jobscan.co/companies-hiring>
- **Who's Still Hiring Students Today** - another list of employers currently hiring, updated daily: <https://www.gradleaders.com/whos-hiring>
- **What Should Job Seekers Be Doing Right Now?** Provides tips and strategies for what to do right now if looking for work: <https://www.linkedin.com/pulse/what-should-job-seekers-doing-right-now-andrew-seaman-1f/>

Personal Resources

- **Campus Health**

Campus Health provides care and fills prescriptions for the UA community. Check their website at <https://health.arizona.edu/> for the most up-to-date information.

- **98.6** is a telemedicine service that is available to all UA full-time students. Notes it's for undergraduate students; may need to check if they serve graduate students. Sign-up and more information can be found at <https://www.98point6.com/arizona/>.

- **Campus Pantry**

The Campus Pantry aids students facing food insecurity. To see hours, location, and additional information, visit <https://campuspantry.arizona.edu/>.

- **Community Food Bank** is running drive-through distribution and serves everyone in the Tucson area. For times and locations, visit their website at <https://www.communityfoodbank.org/>.
- For those with children, many locations distribute meals for children. View the list of sites here: https://tucson.com/thisistucson/schools/a-huge-list-of-places-to-find-free-meals-for/article_a998ef24-67d3-11ea-9c06-b740ecd2d470.html.

- **Campus Recreation**

Included in your fees, it has three locations and open seven days a week.

<https://rec.arizona.edu/> Campus Rec is currently offering free online live and on-demand classes. The on-demand classes may be accessed any time. To view classes and the schedule, visit <https://rec.arizona.edu/about/programming-demand>

- **Counseling and Psych Services (CAPS)**

CAPS is available for students. Visit <https://health.arizona.edu/counseling-psych-services> for more information regarding scheduling and appointments.

- More resources for taking care of your mental and emotional health may be found at <https://caps.arizona.edu/coping-covid-real-time>.
- The College of Medicine's Mental Health Services webpage is geared toward caregivers at home and in healthcare facilities, and can be found at <https://mentalhealthservices.medicine.arizona.edu/covid-19-support-and-resources>.
- Should you feel overwhelmed, remember that Counseling and Psychological Services (CAPS) has the excellent Stronger Than webpage, found at

<https://health.arizona.edu/strongerthan>, that will bolster your resilience and celebrate your strengths.

- **Human Resources (HR)**
UA's HR is available to aid in any employment-related questions. Visit <https://hr.arizona.edu/> for more information.
- **Life & Work Connections (LWC)**
Mostly geared towards benefits-eligible employees, but there are some resources for students. Visit <https://lifework.arizona.edu/> for their resources.
- **Peer Counseling**
Peer to Peer program at UA that offers Psychological First Aid (PFA) to students in a confidential and safe environment, as part of a group or a one-on-one session. This is not psychological treatment but rather a supportive intervention to help students connect and share tools to cope with stress. <https://friend2friend.arizona.edu/peer-counseling>.
- **Resources for LGBTQ+ Health**
<https://health.arizona.edu/lgbtq-health>.
- **Resources for Sexual Health**
<https://wellcats.arizona.edu/wellness/sexual-health>
- **Stronger Than**
Is an initiative created by Campus Health to focus the campus conversation around resilience. Students face a demanding and ever-changing landscape as they navigate university life. By learning how to engage authentically, connect with their community, and adopt a growth mindset students will learn that they are Stronger Than their fears, failures, and insecurities. <https://health.arizona.edu/strongerthan>
- **Student Emergency Fund**
One time special circumstance funding: <https://financialaid.arizona.edu/types-of-aid/one-time-special-circumstance-funding>.
- **WiFi and computers for low-income individuals.**
Xfinity as a WiFi program for low-income individuals (<https://www.xfinity.com/learn/internet-service/acp>) . They also have information on buying a low-cost computer (<https://www.xfinity.com/learn/internet-service/internet-essentials/low-cost-computer>).

Crisis Information

Campus Health's Crisis Resources and Hotlines: <https://caps.arizona.edu/crisis>

At **Counseling and Psychiatric Services (CAPS)** students can speak with licensed mental health professionals about things like:

- anxiety and depression
- eating and body image
- alcohol and drug concerns
- family, friend, roommate, and relationship problems
- sexual assault and relationship violence
- crises and trauma
- psychiatric medication
- And anything else you need to talk about.

All currently enrolled students are eligible to be seen at CAPS. CAPS is offering all services via Zoom or phone. Please call CAPS prior to going into the office.

- CAPS Main phone: 520-621-3334
- <https://caps.arizona.edu/>

You may also refer a student to CAPS if you become aware of a student struggling with mental health issues. If you refer a student to CAPS, then please also file a Public Care Report with the Dean of Students. <https://deanofstudents.arizona.edu/student-assistance/concerned-about-student>

Crisis Support at the University of Arizona: <https://caps.arizona.edu/crisis>

UA Crisis Mobile Team (UACMT): Offers mobile response to mental health crises on campus. They can respond alone or with UAPD, depending on the situation. Available M-Th from 12-8pm (hours can change, please refer to website. <https://caps.arizona.edu/uacmt>

UA Crisis Network: <https://caps.arizona.edu/crisis-network>

Are you a concerned friend? Concerned friends can find out more about helping a friend who might be experiencing problems through UA's Friend 2 Friend website. <https://friend2friend.arizona.edu/>

Located in Tucson? Call the Community-Wide Crisis Line 24 hours a day, 7 days a week at 520-622-6000. NAMI's Crisis Lines: <https://www.namisa.org/crisis-line/>

Survivor Support Counseling Services – Sexual Violence -They provide confidential services for students of all genders who have experienced sexual violence including sexual assault, relationship violence, and stalking. <https://survivorsupport.arizona.edu/counseling>

UA Survivor Support Services - <https://survivorsupport.arizona.edu/>

24-Hour Hotlines:

988 Suicide & Crisis Lifeline is a 24-hour, free and confidential suicide prevention hotline available to

anyone in suicidal crisis or emotional distress. By dialing **988**, the call is routed to the nearest crisis center in our national network crisis centers. The Lifeline's national network of local crisis centers provides crisis counseling and mental health referrals day and night. <https://988lifeline.org/>

Crisis Text Line: Text HOME to 741741 from anywhere in the United States, anytime, about any type of crisis. A live, trained Crisis Counselor receives the text and responds, all from a secure online platform. Find out more about how it works at crisistextline.org.

Suicide Prevention for LGBTQ Youth through the Trevor Project:

- <https://www.thetrevorproject.org/get-help/>
- **The Trevor Lifeline** is a 24/7 suicide hotline: 866-4-U-TREVOR (1-866-488-7386)
- **TrevorChat:** Online instant messaging available 24/7/365
<https://www.thetrevorproject.org/get-help/>
- **TrevorText:** Confidential and secure resource that provides live help for LGBTQ youth with a trained specialist, over text messages. Text START to 678-678 (available 24/7/365)

Veterans' Suicide Prevention Lifeline: Dial 988 <https://988lifeline.org/help-yourself/veterans/>

SAMHSA Treatment Referral Hotline (Substance Abuse): 1-800-662-HELP (1-800-662-4357)
<https://www.samhsa.gov/find-help/national-helpline>

National Sexual Assault Hotline: 1-800-656-HOPE (1-800-656-4673) <https://hotline.rainn.org/online>

Loveisrespect (National Dating Abuse Helpline): Call 1-866-331-9474. Text LOVEIS to 22522 - you'll receive a response from a peer advocate prompting you for your question. Go ahead and text your comment or question and we will reply. <https://www.loveisrespect.org/>